# Eat,Food And Religion In Al-Quran

## 1 Eat In Al-Quran

Surah 6

1. 118 Eat of that over which the name of Allah hath been mentioned, if ye are believers in His revelations.
   119 How should ye not eat of that over which the name of Allah hath been mentioned, when He hath explained unto you that which is forbidden unto you unless ye are compelled thereto. But lo! many are led astray by their own lusts through ignorance. Lo! thy Lord, He is Best Aware of the transgressors.
   120 Forsake the outwardness of sin and the inwardness thereof. Lo! those who garner sin will be awarded that which they have earned.
   121 And eat not of that whereon Allah's name hath not been mentioned, for lo! it is an abomination. Lo! the devils do inspire their minions to dispute with you. But if ye obey them, ye will be in truth idolaters.
   122 Is he who was dead and We have raised him unto life, and set for him a light wherein he walketh among men, as him whose similitude is in utter darkness whence he cannot emerge ? Thus is their conduct made fair seeming for the disbelievers.
   123 And thus have We made in every city great ones of its wicked ones, that they should plot therein. They do but plot against themselves, though they perceive not.
2. 136 They assign unto Allah, of the crops and cattle which He created, a portion, and they say: "This is Allah's" - in their make-believe - "and this is for (His) partners in regard to us." Thus that which (they assign) unto His partners in them reacheth not Allah and that which (they assign) unto Allah goeth to their (so-called) partners. Evil is their ordinance.

https://www.sacred-texts.com/isl/pick/006.htm

Rodwell's commentary on verse 136

**Quote** It appears to have been the custom of the idolatrous Arabs to set apart one portion of their fields for the Supreme God, and the other for the inferior gods represented by their idols. If any of the fruit happened to fall from the part consecrated to the idols into that consecrated to God, they restored it, but if the reverse occurred, they gave it to the idols. God, said they, is rich and can dispense with it. The secret, however, was that the idols' portion was reserved for the priests, Beidhawi. Freytag mentions the names of 73 idols worshipped by the Arab tribes, previous to Islam … and generally with Allah, as Supreme God. **Unquote**

https://www.sacred-texts.com/isl/qr/006.htm

137 Thus have their (so-called) partners (of Allah) made the killing of their children to seem fair unto many of the idolaters, that they may ruin them and make their faith obscure for them. Had Allah willed (it otherwise), they had not done so. So leave them alone with their devices.
138 And they say: Such cattle and crops are forbidden. No-one is to eat of them save whom we will - in their make-believe - cattle whose backs are forbidden, cattle over which they mention not the name of Allah. (All that is) a lie against Him. He will repay them for that which they invent.
139 And they say: That which is in the bellies of such cattle is reserved for our males and is forbidden to our wives; but if it be born dead, then they (all) may be partakers thereof. He will reward them for their attribution (of such ordinances unto Him). Lo, He is Wise, Aware.
140 They are losers who besottedly have slain their children without knowledge, and have forbidden that which Allah bestowed upon them, inventing a lie against Allah. They indeed have gone astray and are not guided.
141 He it is Who produceth gardens trellised and untrellised, and the date-palm, and crops of divers flavour, and the olive and the pomegranate, like and unlike. Eat ye of the fruit thereof when it fruiteth, and pay the due thereof upon the harvest day, and be not prodigal. Lo! Allah loveth not the prodigals.
142 And of the cattle (He produceth) some for burdens, some for food. Eat of that which Allah hath bestowed upon you, and follow not the footsteps of the devil, for lo! he is an open foe to you.
143 Eight pairs: Of the sheep twain, and of the goats twain. Say: Hath He forbidden the two males or the two females, or that which the wombs of the two females contain ? Expound to me (the case) with knowledge, if ye are truthful.
144 And of the camels twain and of the oxen twain. Say: Hath He forbidden the two males or the two females, or that which the wombs of the two females contain; or were ye by to witness when Allah commanded you (all) this ? Then who doth greater wrong than he who deviseth a lie concerning Allah, that he may lead mankind astray without knowledge. Lo! Allah guideth not wrongdoing folk.
145 Say: I find not in that which is revealed unto me aught prohibited to an eater that he eat thereof, except it be carrion, or blood poured forth, or swine flesh - for that verily is foul - or the abomination which was immolated to the name of other than Allah. But whoso is compelled (thereto), neither craving nor transgressing, (for him) lo! thy Lord is Forgiving, Merciful.
146 Unto those who are Jews We forbade every animal with claws. And of the oxen and the sheep forbade We unto them the fat thereof save that upon the backs or the entrails, or that which is mixed with the bone. That We awarded them for their rebellion. And lo! We verily are truthful.

https://www.sacred-texts.com/isl/pick/006.htm

Analysis. The Biblical Account.
Genesis 9
1 And God blessed Noah and his sons and said to them, "Be fruitful and multiply and fill the earth.
2 The fear of you and the dread of you shall be upon every beast of the earth and upon every bird of the heavens, upon everything that creeps on the ground and all the fish of the sea. Into your hand they are delivered.
3 Every moving thing that lives shall be food for you. And as I gave you the green plants, I give you everything.
4 But you shall not eat flesh with its life, that is, its blood.
5 And for your lifeblood I will require a reckoning: from every beast I will require it and from man. From his fellow man I will require a reckoning for the life of man.
6
"Whoever sheds the blood of man,
by man shall his blood be shed,
for God made man in his own image.
https://www.biblegateway.com/passage/?search=Genesis%209&version=WEB

Some Restrictions Were Placed At The Time Of Moses
Leviticus 11
1 And the Lord spoke to Moses and Aaron, saying to them,
2 "Speak to the people of Israel, saying, These are the living things which you may eat among all the animals that are on the earth.
3 Whatever parts the hoof and is cloven-footed and chews the cud, among the animals, you may eat.
4 Nevertheless, among those that chew the cud or part the hoof, you shall not eat these: The camel, because it chews the cud but does not part the hoof, is unclean to you.
5 And the rock badger, because it chews the cud but does not part the hoof, is unclean to you.
6 And the hare, because it chews the cud but does not part the hoof, is unclean to you.
7 And the pig, because it parts the hoof and is cloven-footed but does not chew the cud, is unclean to you.
8 You shall not eat any of their flesh, and you shall not touch their carcasses; they are unclean to you.
9 "These you may eat, of all that are in the waters. Everything in the waters that has fins and scales, whether in the seas or in the rivers, you may eat.
10 But anything in the seas or the rivers that do not have fins and scales, of the swarming creatures in the waters and of the living creatures that are in the waters, is detestable to you.
11 You shall regard them as detestable; you shall not eat any of their flesh, and you shall detest their carcasses.
12 Everything in the waters that do not have fins and scales is detestable to you.

13 “And these you shall detest among the birds; they shall not be eaten; they are detestable: the eagle, the bearded vulture, the black vulture,
14 the kite, the falcon of any kind,
15 every raven of any kind,
16 the ostrich, the nighthawk, the seagull, the hawk of any kind,
17 the little owl, the cormorant, the short-eared owl,
18 the barn owl, the tawny owl, the carrion vulture,
19 the stork, the heron of any kind, the hoopoe, and the bat.
20 “All winged insects that go on all fours are detestable to you.
21 Yet among the winged insects that go on all fours you may eat those that have jointed legs above their feet, with which to hop on the ground.
22 Of them you may eat: the locust of any kind, the bald locust of any kind, the cricket of any kind, and the grasshopper of any kind.
23 But all other winged insects that have four feet are detestable to you.
24 “And by these you shall become unclean. Whoever touches their carcass shall be unclean until the evening,
25 and whoever carries any part of their carcass shall wash his clothes and be unclean until the evening.
26 Every animal that parts the hoof but is not cloven-footed or does not chew the cud is unclean to you. Everyone who touches them shall be unclean.
27 And all that walk on their paws, among the animals that go on all fours, are unclean to you. Whoever touches their carcass shall be unclean until the evening,
28 and he who carries their carcass shall wash his clothes and be unclean until the evening; they are unclean to you.
29 “And these are unclean to you among the swarming things that swarm on the ground: the mole rat, the mouse, the great lizard of any kind,
30 the gecko, the monitor lizard, the lizard, the sand lizard, and the chameleon.
31 These are unclean to you among all that swarm. Whoever touches them when they are dead shall be unclean until the evening.
32 And anything on which any of them falls when they are dead shall be unclean, whether it is an article of wood or a garment or a skin or a sack, any article that is used for any purpose. It must be put into water, and it shall be unclean until the evening; then it shall be clean.
33 And if any of them falls into any earthenware vessel, all that is in it shall be unclean, and you shall break it.
34 Any food in it that could be eaten, upon which water comes, shall be unclean. And all drink that could be drunk from every such vessel shall be unclean.
35 And everything on which any part of their carcass falls shall be unclean. Whether oven or stove, it shall be broken in pieces. They are unclean and shall remain unclean for you.
36 Nevertheless, a spring or a cistern holding water shall be clean, but whoever touches a carcass in them shall be unclean. 37 And if any part of their carcass falls upon any seed grain that is to be sown, it is clean,
38 but if water is put on the seed and any part of their carcass falls on it, it is unclean to you.

39 "And if any animal which you may eat dies, whoever touches its carcass shall be unclean until the evening,
40 and whoever eats of its carcass shall wash his clothes and be unclean until the evening. And whoever carries the carcass shall wash his clothes and be unclean until the evening.
41 "Every swarming thing that swarms on the ground is detestable; it shall not be eaten.
42 Whatever goes on its belly, and whatever goes on all fours, or whatever has many feet, any swarming thing that swarms on the ground, you shall not eat, for they are detestable.
43 You shall not make yourselves detestable with any swarming thing that swarms, and you shall not defile yourselves with them, and become unclean through them.
44 For I am the Lord your God. Consecrate yourselves therefore, and be holy, for I am holy. You shall not defile yourselves with any swarming thing that crawls on the ground. 45 For I am the Lord who brought you up out of the land of Egypt to be your God. You shall therefore be holy, for I am holy."
46 This is the law about beast and bird and every living creature that moves through the waters and every creature that swarms on the ground,
47 to make a distinction between the unclean and the clean and between the living creature that may be eaten and the living creature that may not be eaten.
https://www.biblegateway.com/passage/?search=WEB

Matthew 15. Lord Of All Things.
1 Then Pharisees and scribes came to Jesus from Jerusalem and said,
2 "Why do your disciples break the tradition of the elders? For they do not wash their hands when they eat."
3 He answered them, "And why do you break the commandment of God for the sake of your tradition?
4 For God commanded, 'Honour your father and your mother,' and, 'Whoever reviles father or mother must surely die.'
5 But you say, 'If anyone tells his father or his mother, "What you would have gained from me is given to God,"
6 he need not honour his father.' So for the sake of your tradition you have made void the word of God.
7 You hypocrites! Well did Isaiah prophesy of you, when he said:
8 "'This people honours me with their lips,
but their heart is far from me;
9 in vain do they worship me,
teaching as doctrines the commandments of men.'"
10 And he called the people to him and said to them, "Hear and understand:
11 it is not what goes into the mouth that defiles a person, but what comes out of the mouth; this defiles a person."
12 Then the disciples came and said to him, "Do you know that the Pharisees were offended when they heard this saying?"

13 He answered, “Every plant that my heavenly Father has not planted will be rooted up.
14 Let them alone; they are blind guides. And if the blind lead the blind, both will fall into a pit.”
15 But Peter said to him, “Explain the parable to us.”
16 And he said, “Are you also still without understanding?
17 Do you not see that whatever goes into the mouth passes into the stomach and is expelled?
18 But what comes out of the mouth proceeds from the heart, and this defiles a person.
19 For out of the heart come evil thoughts, murder, adultery, sexual immorality, theft, false witness, slander.
20 These are what defile a person. But to eat with unwashed hands does not defile anyone.”
21 And Jesus went away from there and withdrew to the district of Tyre and Sidon.
22 And behold, a Canaanite woman from that region came out and was crying, “Have mercy on me, O Lord, Son of David; my daughter is severely oppressed by a demon.”
23 But he did not answer her a word. And his disciples came and begged him, saying, “Send her away, for she is crying out after us.”
24 He answered, “I was sent only to the lost sheep of the house of Israel.”
25 But she came and knelt before him, saying, “Lord, help me.”
26 And he answered, “It is not right to take the children's bread and throw it to the dogs.”
27 She said, “Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.”
28 Then Jesus answered her, “O woman, great is your faith! Be it done for you as you desire.” And her daughter was healed instantly.
29 Jesus went on from there and walked beside the Sea of Galilee. And he went up on the mountain and sat down there. 30 And great crowds came to him, bringing with them the lame, the blind, the crippled, the mute, and many others, and they put them at his feet, and he healed them,
31 so that the crowd wondered, when they saw the mute speaking, the crippled healthy, the lame walking, and the blind seeing. And they glorified the God of Israel.
32 Then Jesus called his disciples to him and said, “I have compassion on the crowd because they have been with me now three days and have nothing to eat. And I am unwilling to send them away hungry, lest they faint on the way.”
33 And the disciples said to him, “Where are we to get enough bread in such a desolate place to feed so great a crowd?”
34 And Jesus said to them, “How many loaves do you have?” They said, “Seven, and a few small fish.”
35 And directing the crowd to sit down on the ground,

36 he took the seven loaves and the fish, and having given thanks he broke them and gave them to the disciples, and the disciples gave them to the crowds.
37 And they all ate and were satisfied. And they took up seven baskets full of the broken pieces left over.
38 Those who ate were four thousand men, besides women and children.
39 And after sending away the crowds, he got into the boat and went to the region of Magadan.
https://www.biblegateway.com/passage/?search=Matthew%2015&version=WEB

Romans 14. Cherisher Of All Things
1 As for the one who is weak in faith, welcome him, but not to quarrel over opinions.
2 One person believes he may eat anything, while the weak person eats only vegetables.
3 Let not the one who eats despise the one who abstains, and let not the one who abstains pass judgement on the one who eats, for God has welcomed him.
4 Who are you to pass judgement on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for the Lord is able to make him stand.
5 One person esteems one day as better than another, while another esteems all days alike. Each one should be fully convinced in his own mind.
6 The one who observes the day, observes it in honour of the Lord. The one who eats, eats in honour of the Lord, since he gives thanks to God, while the one who abstains, abstains in honour of the Lord and gives thanks to God.
7 For none of us lives to himself, and none of us dies to himself.
8 For if we live, we live to the Lord, and if we die, we die to the Lord. So then, whether we live or whether we die, we are the Lord's.
9 For to this end Christ died and lived again, that he might be Lord both of the dead and of the living.
10 Why do you pass judgement on your brother? Or you, why do you despise your brother? For we will all stand before the judgement seat of God;
11 for it is written,

"As I live, says the Lord, every knee shall bow to me,
and every tongue shall confess to God."

12 So then, each of us will give an account of himself to God.

Do Not Cause Another to Stumble

13 Therefore let us not pass judgement on one another any longer, but rather decide never to put a stumbling block or hindrance in the way of a brother.
14 I know and am persuaded in the Lord Jesus that nothing is unclean in itself, but it is unclean for anyone who thinks it unclean.
15 For if your brother is grieved by what you eat, you are no longer walking in love. By what you eat, do not destroy the one for whom Christ died.
16 So do not let what you regard as good be spoken of as evil.
17 For the kingdom of God is not a matter of eating and drinking but of righteousness and peace and joy in the Holy Spirit.

18 Whoever thus serves Christ is acceptable to God and approved by men.
19 So then let us pursue what makes for peace and for mutual upbuilding.
20 Do not, for the sake of food, destroy the work of God. Everything is indeed clean, but it is wrong for anyone to make another stumble by what he eats.
21 It is good not to eat meat or drink wine or do anything that causes your brother to stumble.
22 The faith that you have, keep between yourself and God. Blessed is the one who has no reason to pass judgement on himself for what he approves.
23 But whoever has doubts is condemned if he eats, because the eating is not from faith. For whatever does not proceed from faith is sin.
https://www.biblegateway.com/passage/?search=Romans%2014&version=WEB

## 2 Food In Al-Quran

Surah 2

1. 35 And We said: O Adam! Dwell thou and thy wife in the Garden, and eat ye freely (of the fruits) thereof where ye will; but come not nigh this tree lest ye become wrong-doers.
2. 57 And We caused the white cloud to overshadow you and sent down on you the manna and the quails, (saying): Eat of the good things wherewith We have provided you - they wronged Us not, but they did wrong themselves.
   58 And when We said: Go into this township and eat freely of that which is therein, and enter the gate prostrate, and say: "Repentance." We will forgive you your sins and will increase (reward) for the right-doers.
3. 60 And when Moses asked for water for his people, We said: Smite with thy staff the rock. And there gushed out therefrom twelve springs (so that) each tribe knew their drinking-place. Eat and drink of that which Allah hath provided, and do not act corruptly, making mischief in the earth.
   61 And when ye said: O Moses! We are weary of one kind of food; so call upon thy Lord for us that He brings forth for us of that which the earth growth - of its herbs and its cucumbers and its corn and its lentils and its onions. He said: Would ye exchange that which is higher for that which is lower ? Go down to settled country, thus ye shall get that which ye demand. And humiliation and wretchedness were stamped upon them and they were visited with wrath from Allah. That was because they disbelieved in Allah's revelations and slew the prophets wrongfully. That was for their disobedience and transgression.
4. 168 O mankind! Eat of that which is lawful and wholesome in the earth, and follow not the footsteps of the devil. Lo! he is an open enemy for you.
5. 233 Mothers shall suckle their children for two whole years; (that is) for those who wish to complete the suckling. The duty of feeding and clothing nursing mothers in a seemingly manner is upon the father of the child. No-one should be charged beyond his capacity. A mother should not be made to suffer because of her child, nor should he to whom the child is born (be made to suffer) because of his child. And on the (father's) heir is

incumbent the like of that (which was incumbent on the father). If they desire to wean the child by mutual consent and (after) consultation, it is no sin for them; and if ye wish to give your children out to nurse, it is no sin for you, provide that ye pay what is due from you in kindness. Observe your duty to Allah, and know that Allah is Seer of what ye do.

Surah 3

8. 93 All food was lawful unto the Children of Israel, save that which Israel forbade himself, (in days) before the Torah was revealed. Say: Produce the Torah and read it (unto us) if ye are truthful.

Surah 5

9. 1 O ye who believe! Fulfil your indentures. The beast of cattle is made lawful unto you (for food) except that which is announced unto you (herein), game being unlawful when ye are on the pilgrimage. Lo! Allah ordaineth that which pleaseth Him.
10. 3 Forbidden unto you (for food) are carrion and blood and swine flesh, and that which hath been dedicated unto any other than Allah, and the strangled, and the dead through beating, and the dead through falling from a height, and that which hath been killed by (the goring of) horns, and the devoured of wild beasts, saving that which ye make lawful (by the death-stroke), and that which hath been immolated unto idols. And (forbidden is it) that ye swear by the divining arrows. This is an abomination. This day are those who disbelieve in despair of (ever harming) your religion; so fear them not, fear Me! This day have I perfected your religion for you and completed My favour unto you, and have chosen for you as religion al-Islam. Whoso is forced by hunger, not by the will, to sin: (for him) lo! Allah is Forgiving, Merciful. .
11. 5 This day are (all) good things made lawful for you. The food of those who have received the Scripture is lawful for you, and your food is lawful for them . And so are the virtuous women of the believers and the virtuous women of those who received the Scripture before you (lawful for you) when ye give them their marriage portions and live with them in honour, not in fornication, nor taking them as secret concubines. Whoso denieth the faith, his work is vain and he will be among the losers in the Hereafter.
12. 87 O ye who believe! Forbid not the good things which Allah hath made lawful for you, and transgress not, Lo! Allah loveth not transgressors.
    88 Eat of that which Allah hath bestowed on you as food lawful and good, and keep your duty to Allah in Whom ye are believers.
    89 Allah will not take you to task for that which is unintentional in your oaths, but He will take you to task for the oaths which ye swear in earnest. The expiation thereof is the feeding of ten of the needy with the average of that wherewith ye feed your own folk, or the clothing of them, or the liberation of a slave, and for him who findeth not (the wherewithal to do so) then a three days' fast. This is the expiation of your oaths when ye have sworn; and keep your oaths. Thus Allah expoundeth unto you His revelations in order that ye may give thanks.

13.93 There shall be no sin (imputed) unto those who believe and do good works for what they may have eaten (in the past). So be mindful of your duty (to Allah), and believe, and do good works; and again: be mindful of your duty, and believe; and once again: be mindful of your duty, and do right . Allah loveth the good .

Surah 6

16.118 Eat of that over which the name of Allah hath been mentioned, if ye are believers in His revelations.

119 How should ye not eat of that over which the name of Allah hath been mentioned, when He hath explained unto you that which is forbidden unto you unless ye are compelled thereto. But lo! many are led astray by their own lusts through ignorance. Lo! thy Lord, He is Best Aware of the transgressors.

120 Forsake the outwardness of sin and the inwardness thereof. Lo! those who garner sin will be awarded that which they have earned.

121 And eat not of that whereon Allah's name hath not been mentioned, for lo! it is abomination. Lo! the devils do inspire their minions to dispute with you. But if ye obey them, ye will be in truth idolaters.

17.138 And they say: Such cattle and crops are forbidden. No-one is to eat of them save whom we will - in their make-believe - cattle whose backs are forbidden, cattle over which they mention not the name of Allah. (All that is) a lie against Him. He will repay them for that which they invent.

139 And they say: That which is in the bellies of such cattle is reserved for our males and is forbidden to our wives; but if it be born dead, then they (all) may be partakers thereof. He will reward them for their attribution (of such ordinances unto Him). Lo, He is Wise, Aware.

140 They are losers who besottedly have slain their children without knowledge, and have forbidden that which Allah bestowed upon them, inventing a lie against Allah. They indeed have gone astray and are not guided.

141 He it is Who produceth gardens trellised and untrellised, and the date-palm, and crops of divers flavour, and the olive and the pomegranate, like and unlike. Eat ye of the fruit thereof when it fruiteth, and pay the due thereof upon the harvest day, and be not prodigal. Lo! Allah loveth not the prodigals.

142 And of the cattle (He produceth) some for burdens, some for food. Eat of that which Allah hath bestowed upon you, and follow not the footsteps of the devil, for lo! he is an open foe to you.

18.145 Say: I find not in that which is revealed unto me aught prohibited to an eater that he eat thereof, except it be carrion, or blood poured forth, or swine flesh - for that verily is foul - or the abomination which was immolated to the name of other than Allah. But whoso is compelled (thereto), neither craving nor transgressing, (for him) lo! thy Lord is Forgiving, Merciful.

146 Unto those who are Jews We forbade every animal with claws. And of the oxen and the sheep forbade We unto them the fat thereof save that upon the backs or the entrails, or that which is mixed with the bone. That we awarded them for their rebellion. And lo! we verily are truthful.

Surah 10

27.24 The similitude of the life of the world is only as water which We send down from the sky, then the earth's growth of that which men and cattle eat mingleth with it till, when the earth hath taken on her ornaments and is embellished, and her people deem that they are masters of her, Our commandment cometh by night or by day and We make it as reaped corn as if it had not flourished yesterday. Thus do we expound the revelations for people who reflect.

Surah 13

28.4 And in the Earth are neighbouring tracts, vineyards and ploughed lands, and date-palms, like and unlike, which are watered with one water. And we have made some of them to excel others in fruit. Lo! herein verily are portents for people who have sense.

Surah 16

29.5 And the cattle hath He created, whence ye have warm clothing and uses, and whereof ye eat;

30.14 And He it is Who hath constrained the sea to be of service that ye eat fresh meat from thence, and bring forth from thence ornaments which ye wear. And thou seest the ships ploughing it that ye (mankind) may seek of His bounty and that haply ye may give thanks.

31.66 And lo! in the cattle there is a lesson for you. We give you to drink of that which is in their bellies, from betwixt the refuse and the blood, pure milk palatable to the drinkers.

67 And of the fruits of the date-palm, and grapes, whence ye derive strong drink and (also) good nourishment. Lo! therein is indeed a portent for people who have sense.

68 And thy Lord inspired the bee, saying: Choose thou habitations in the hills and in the trees and in that which they thatch;

69 Then eat of all fruits, and follow the ways of thy Lord, made smooth (for thee). There cometh forth from their bellies a drink divers of hues, wherein is healing for mankind. Lo! herein is indeed a portent for people who reflect.

32.114 So eat of the lawful and good food which Allah hath provided for you, and thank the bounty of your Lord if it is Him ye serve.

115 He hath forbidden for you only carrion and blood and swine flesh and that which hath been immolated in the name of any other than Allah; but he who is driven thereto, neither craving nor transgressing, lo! then Allah is Forgiving, Merciful.

Surah 20

37.53 Who hath appointed the earth as a bed and hath threaded roads for you therein and hath sent down water from the sky and thereby We have brought forth divers kinds of vegetation,

54 (Saying): Eat ye and feed your cattle. Lo! herein verily are portents for men of thought.

38.80 O Children of Israel! We delivered you from your enemy, and we made a covenant with you on the holy mountain's side, and sent down on you the manna and the quails,

81 (Saying): Eat of the good things wherewith We have provided you, and transgress not in respect thereof lest My wrath come upon you: and he on whom My wrath cometh, he is lost indeed.

Surah 22

41.28 That they may witness things that are of benefit to them, and mention the name of Allah on appointed days over the beast of cattle that He hath bestowed upon them. Then eat thereof and feed therewith the poor unfortunate.

29 Then let them make an end of their unkemptness and pay their vows and go around the ancient House.

30 That (is the command). And whoso magnifieth the sacred things of Allah, it will be well for him in the sight of his Lord. The cattle are lawful unto you save that which hath been told you. So shun the filth of idols, and shun lying speech,

31 Turning unto Allah (only), not ascribing partners unto Him; for whoso ascribeth partners unto Allah, it is as if he had fallen from the sky and the birds had snatched him or the wind had blown him to a far-off place.

32 That (is the command). And whoso magnifieth the offerings consecrated to Allah, it surely is from devotion of the hearts,

33 Therein are benefits for you for an appointed term; and afterward they are brought for sacrifice unto the ancient House.

34 And for every nation have We appointed a ritual, that they may mention the name of Allah over the beast of cattle that He hath given them for food; and your God is One God, therefore surrender unto Him. And give good tidings (O Muhammad) to the humble,

35 Whose hearts fear when Allah is mentioned, and the patient of whatever may befall them, and those who establish worship and who spend of that We have bestowed on them.

36 And the camels! We have appointed them among the ceremonies of Allah. Therein ye have much good. So mention the name of Allah over them when they are drawn up in lines. Then when their flanks fall (dead), eat thereof and feed the beggar and the suppliant. Thus have We made them subject unto you, that haply ye may give thanks.

37 Their flesh and their food reach not Allah, but the devotion from you reacheth Him. Thus have We made them subject unto you that ye may

magnify Allah that He hath guided you. And give good tidings (O Muhammad) to the good.

Surah 23

51.19 Then We produce for you therewith gardens of date-palms and grapes, wherein is much fruit for you and whereof ye eat;

20 And a tree that springeth forth from Mount Sinai that groweth oil and relish for the eaters.

21 And lo! in the cattle there is verily a lesson for you. We give you to drink of that which is in their bellies, and many uses have ye in them, and of them do ye eat;

Surah 24

54.61 No blame is there upon the blind nor any blame upon the lame nor any blame upon the sick nor on yourselves if ye eat from your houses, or the houses of your fathers, or the houses of your mothers, or the houses of your brothers, or the houses of your sisters, or the houses of your fathers' brothers, or the houses of your fathers' sisters, or the houses of your mothers' brothers, or the houses of your mothers' sisters, or (from that) whereof ye hold the keys, or (from the house) of a friend. No sin shall it be for you whether ye eat together or apart. But when ye enter houses, salute one another with a greeting from Allah, blessed and sweet. Thus Allah maketh clear His revelations for you, that haply ye may understand.

Surah 35

55.12 And the two seas are not alike: this, fresh, sweet, good to drink, this (other) bitter, salt. And from them both ye eat fresh meat and derive the ornament that ye wear. And thou seest the ship cleaving them with its prow that ye may seek of His bounty, and that haply ye may give thanks.

Surah 36

56.33 A token unto them is the dead earth. We revive it, and We bring forth from it grain so that they eat thereof;

34 And We have placed therein gardens of the date-palm and grapes, and We have caused springs of water to gush forth therein,

35 That they may eat of the fruit thereof, and their hands made it not. Will they not, then, give thanks?

57.71 Have they not seen how We have created for them of Our handiwork the cattle, so that they are their owners,

72 And have subdued them unto them, so that some of them they have for riding, some for food ?

73 Benefits and (divers) drinks have they from them. Will they not then give thanks ?

74 And they have taken (other) gods beside Allah, in order that they may be helped.

Surah 40

63.79 Allah it is Who hath appointed for you cattle, that ye may ride on some of them, and eat of some -

80 (Many) benefits ye have from them - and that ye may satisfy by their means a need that is in your breasts, and may be borne upon them as upon the ship.

Game. Surah 5

1. 2 ... But when ye have left the sacred territory, then go hunting (if ye will)....
2. 4 They ask thee (O Muhammad) what is made lawful for them. Say: (all) good things are made lawful for you. And those beasts and birds of prey which ye have trained as hounds are trained, ye teach them that which Allah taught you; so eat of that which they catch for you and mention Allah's name upon it, and observe your duty to Allah. ...
3. 94 O ye who believe! Allah will surely try you somewhat (in the matter) of the game which ye take with your hands and your spears, that Allah may know him who feareth Him in secret. Whoso transgresseth after this, for him there is a painful doom.
   95 O ye who believe! Kill no wild game while ye are on the pilgrimage. Whoso of you killeth it of set purpose he shall pay its forfeit in the equivalent of that which he hath killed, of domestic animals, the judge to be two men among you known for justice, (the forfeit) to be brought as an offering to the Ka'bah; or, for expiation, he shall feed poor persons, or the equivalent thereof in fasting, that he may taste the evil consequences of his deed. Allah forgiveth whatever (of this kind) may have happened in the past, but whoso relapseth, Allah will take retribution from him . Allah is Mighty, Able to Requite (the wrong).
   96 To hunt and to eat the fish of the sea is made lawful for you, a provision for you and for seafarers; but to hunt on land is forbidden you so long as ye are on the pilgrimage. Be mindful of your duty to Allah, unto Whom ye will be gathered .

**Analysis**

These verses on food plus the verses on hunting reveals both the definition and the description of Islam. It's in the following verse that al-Islam is named as religion perfected by instructions on food

Surah 5

1. 3 Forbidden unto you (for food) are carrion and blood and swine flesh, and that which hath been dedicated unto any other than Allah, and the strangled, and the dead through beating, and the dead through falling from a height, and that which hath been killed by (the goring of) horns, and the devoured of wild beasts, saving that which ye make lawful (by the death-stroke), and that which hath been immolated unto idols. And (forbidden is it) that ye swear by the divining arrows. This is an abomination. This day are those who disbelieve in despair of (ever harming) your religion; so fear them not, fear Me! This day have I perfected your religion for you and completed My favour unto you, and

have chosen for you as religion al-Islam. Whoso is forced by hunger, not by the will, to sin: (for him) lo! Allah is Forgiving, Merciful.

https://www.sacred-texts.com/isl/pick/005.htm

The status of Muslim and non-muslim virtuous women is the same as food. An extremely degraded view of women .

Surah 5

2. 5 This day are (all) good things made lawful for you. The food of those who have received the Scripture is lawful for you, and your food is lawful for them. And so are the virtuous women of the believers and the virtuous women of those who received the Scripture before you (lawful for you) when ye give them their marriage portions and live with them in honour, not in fornication, nor taking them as secret concubines. Whoso denieth the faith, his work is vain and he will be among the losers in the Hereafter.

In-house Prostitution

Surah 4

3. 19 O ye who believe! It is not lawful for you forcibly to inherit the women (of your deceased kinsmen), nor (that) ye should put constraint upon them that ye may take away a part of that which ye have given them, unless they be guilty of flagrant lewdness. But consort with them in kindness, for if ye hate them it may happen that ye hate a thing wherein Allah hath placed much good.
   20 And if ye wish to exchange one wife for another and ye have given unto one of them a sum of money (however great), take nothing from it. Would ye take it by the way of calumny and open wrong ?
   21 How can ye take it (back) after one of you hath gone in unto the other, and they have taken a strong pledge from you?

Hereafter Is Also About Food And Women

Surah 37

40 Save single-minded slaves of Allah;
41 For them there is a known provision,
42 Fruits. And they will be honoured
43 In the Gardens of delight,
44 On couches facing one another;
45 A cup from a gushing spring is brought round for them,
46 White, delicious to the drinkers,
47 Wherein there is no headache nor are they made mad thereby.
48 And with them are those of modest gaze, with lovely eyes,
49 (Pure) as they were hidden eggs (of the ostrich).
50 And some of them draw near unto others, mutually questioning.
51 A speaker of them saith: Lo! I had a comrade
52 Who used to say: Art thou in truth of those who put faith (in his words) ?
53 Can we, when we are dead and have become mere dust and bones - can we (then) verily be brought to book ?

54 He saith: Will ye look ?
55 Then looketh he and seeth him in the depth of hell.
56 He saith: By Allah, thou verily didst all but cause my ruin,
57 And had it not been for the favour of my Lord, I too had been of those haled forth (to doom).
58 Are we then not to die
59 Saving our former death, and are we not to be punished ?
60 Lo! this is the supreme triumph.

Surah 47
69 (Ye) who believed Our revelations and were self-surrendered,
70 Enter the Garden, ye and your wives, to be made glad.
71 Therein are brought round for them trays of gold and goblets, and therein is all that souls desire and eyes find sweet. And ye are immortal therein.
72 This is the Garden which ye are made to inherit because of what ye used to do.
73 Therein for you is fruit in plenty whence to eat.

Surah 69
18 On that day ye will be exposed; not a secret of you will be hidden.
19 Then, as for him who is given his record in his right hand, he will say: Take, read my book!
20 Surely I knew that I should have to meet my reckoning.
21 Then he will be in blissful state
22 In a high garden
23 Whereof the clusters are in easy reach.
24 (And it will be said unto those therein): Eat and drink at ease for that which ye sent on before you in past days.

Surah 77
41 Lo! those who kept their duty are amid shade and fountains,
42 And fruits such as they desire.
43 (Unto them it is said:) Eat, drink and welcome, O ye blessed, in return for what ye did.
44 Thus do We reward the good.

Surah 44
43 Lo! the tree of Zaqqum,
44 The food of the sinner!
45 Like molten brass, it seetheth in their bellies
46 As the seething of boiling water.
47 (And it will be said): Take him and drag him to the midst of hell,
48 Then pour upon his head the torment of boiling water.
49 (Saying): Taste! Lo! thou wast forsooth the mighty, the noble!
50 Lo! this is that whereof ye used to doubt.

51 Lo! those who kept their duty will be in a place secured.
52 Amid gardens and watersprings,
53 Attired in silk and silk embroidery, facing one another.
54 Even so (it will be). And We shall wed them unto fair ones with wide, lovely eyes.
55 They call therein for every fruit in safety.
56 They taste not death therein, save the first death. And He hath saved them from the doom of hell,
57 A bounty from thy Lord. That is the supreme triumph.

**Fasting And Sexual Intercourse**

There is nothing spiritual here that might benefit the soul of a Muslim. Instead of eating in the daytime, a Muslim eats at night. Sexual intercourse is permitted.

Surah 2

1. 183 O ye who believe! Fasting is prescribed for you, even as it was prescribed for those before you, that ye may ward off (evil);
   184 (Fast) a certain number of days; and (for) him who is sick among you, or on a journey, (the same) number of other days; and for those who can afford it there is a ransom: the feeding of a man in need - but whoso doeth good of his own accord, it is better for him: and that ye fast is better for you if ye did but know -
   185 The month of Ramadan in which was revealed the Qur'an, a guidance for mankind, and clear proofs of the guidance, and the Criterion (of right and wrong). And whosoever of you is present, let him fast the month, and whosoever of you is sick or on a journey, (let him fast the same) number of other days. Allah desireth for you ease; He desireth not hardship for you; and (He desireth) that ye should complete the period, and that ye should magnify Allah for having guided you, and that peradventure ye may be thankful.
   186 And when My servants question thee concerning Me, then surely I am nigh. I answer the prayer of the suppliant when he crieth unto Me. So let them hear My call and let them trust in Me, in order that they may be led aright.
   187 It is made lawful for you to go in unto your wives on the night of the fast. They are raiment for you and ye are raiment for them. Allah is Aware that ye were deceiving yourselves in this respect and He hath turned in mercy toward you and relieved you. So hold intercourse with them and seek that which Allah hath ordained for you, and eat and drink until the white thread becometh distinct to you from the black thread of the dawn. Then strictly observe the fast till nightfall and touch them not, but be at your devotions in the mosques. These are the limits imposed by Allah, so approach them not. Thus Allah expoundeth His revelation to mankind that they may ward off (evil).

The Biblical Account. Food

Matthew 6

24 "No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.
25 "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?
26 Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

Acts 10

9...Peter went up on the housetop about the sixth hour to pray. 10 And he became hungry and wanted something to eat, but while they were preparing it, he fell into a trance
11 and saw the heavens opened and something like a great sheet descending, being let down by its four corners upon the earth.
12 In it were all kinds of animals and reptiles and birds of the air.
13 And there came a voice to him: "Rise, Peter; kill and eat."
14 But Peter said, "By no means, Lord; for I have never eaten anything that is common or unclean."
15 And the voice came to him again a second time, "What God has made clean, do not call common."
16 This happened three times, and the thing was taken up at once to heaven.

1 Corinthians 8

1 Now concerning food offered to idols: we know that "all of us possess knowledge." This "knowledge" puffs up, but love builds up.
2 If anyone imagines that he knows something, he does not yet know as he ought to know.
3 But if anyone loves God, he is known by God.
4 Therefore, as to the eating of food offered to idols, we know that "an idol has no real existence," and that "there is no God but one."
5 For although there may be so-called gods in heaven or on earth—as indeed there are many "gods" and many "lords"— 6 yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.
7 However, not all possess this knowledge. But some, through former association with idols, eat food as really offered to an idol, and their conscience, being weak, is defiled.
8 Food will not commend us to God. We are no worse off if we do not eat, and no better off if we do.

9 But take care that this right of yours does not somehow become a stumbling block to the weak.
10 For if anyone sees you who have knowledge eating in an idol's temple, will he not be encouraged, if his conscience is weak, to eat food offered to idols?
11 And so by your knowledge this weak person is destroyed, the brother for whom Christ died.
12 Thus, sinning against your brothers and wounding their conscience when it is weak, you sin against Christ.
13 Therefore, if food makes my brother stumble, I will never eat meat, lest I make my brother stumble.

Isaiah 58. False And True Fasting

1 "Cry aloud; do not hold back;
lift up your voice like a trumpet;
declare to my people their transgression,
to the house of Jacob their sins.
2 Yet they seek me daily
and delight to know my ways,
as if they were a nation that did righteousness
and did not forsake the judgement of their God;
they ask of me righteous judgments;
they delight to draw near to God.
3 'Why have we fasted, and you see it not?
Why have we humbled ourselves, and you take no knowledge of it?'
Behold, in the day of your fast you seek your own pleasure,
and oppress all your workers.
4 Behold, you fast only to quarrel and to fight
and to hit with a wicked fist.
Fasting like yours this day
will not make your voice to be heard on high.
5 Is such the fast that I choose,
a day for a person to humble himself?
Is it to bow down his head like a reed,
and to spread sackcloth and ashes under him?
Will you call this a fast,
and a day acceptable to the Lord?
6 "Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke,
to let the oppressed go free, and to break every yoke?
7 Is it not to share your bread with the hungry
and bring the homeless poor into your house;
when you see the naked, to cover him,
and not to hide yourself from your own flesh?
8 Then shall your light break forth like the dawn,
and your healing shall spring up speedily;

your righteousness shall go before you;
the glory of the Lord shall be your rear guard.
9 Then you shall call, and the Lord will answer;
you shall cry, and he will say, 'Here I am.'
If you take away the yoke from your midst,
the pointing of the finger, and speaking wickedness,
10 if you pour yourself out for the hungry
and satisfy the desire of the afflicted,
then shall your light rise in the darkness
and your gloom be as the noonday.
11 And the Lord will guide you continually
and satisfy your desire in scorched places
and make your bones strong;
and you shall be like a watered garden,
like a spring of water,
whose waters do not fail.
12 And your ancient ruins shall be rebuilt;
you shall raise up the foundations of many generations;
you shall be called the repairer of the breach,
the restorer of streets to dwell in.
13 "If you turn back your foot from the Sabbath,
from doing your pleasure on my holy day,
and call the Sabbath a delight
and the holy day of the Lord honourable;
if you honour it, not going your own ways,
or seeking your own pleasure, or talking idly;
14 then you shall take delight in the Lord,
and I will make you ride on the heights of the earth;
I will feed you with the heritage of Jacob your father,
for the mouth of the Lord has spoken."

Matthew 6

1 "Beware of practicing your righteousness before other people in order to be seen by them, for then you will have no reward from your Father who is in heaven.
2 "Thus, when you give to the needy, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by others. Truly, I say to you, they have received their reward.
3 But when you give to the needy, do not let your left hand know what your right hand is doing,
4 so that your giving may be in secret. And your Father who sees in secret will reward you.

16 "And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces so that their fasting may be seen by others. Truly, I say to you, they have received their reward.
17 But when you fast, anoint your head and wash your face,
18 that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

**Isaiah 58:3** Behold, in the day of your fast you seek your own pleasure
1 Corinthians 6
12 "All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be dominated by anything.
13 "Food is meant for the stomach and the stomach for food"—and God will destroy both one and the other. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body.
14 And God raised the Lord and will also raise us up by his power.
15 Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never!
16 Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, "The two will become one flesh."
17 But he who is joined to the Lord becomes one spirit with him.
18 Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body.
19 Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own,
20 for you were bought with a price. So glorify God in your body .

## 3 Religion In The Quran

A Concordance On Quranic Religion
Surah 2

1. 120 And the Jews will not be pleased with thee, nor will the Christians, till thou follow their creed. Say: Lo! the guidance of Allah (Himself) is Guidance. And if thou shouldst follow their desires after the knowledge which hath come unto thee, then wouldst thou have from Allah no protecting guardian nor helper.

[But until thou follow their religion, neither Jews nor Christians will be satisfied with thee. SAY: Verily, guidance of God,--that is the guidance! And if, after "the Knowledge" which hath reached thee, thou follow their desires, thou shalt find neither helper nor protector against God.
(Rodwell)]

2. 130 And who forsaketh the religion of Abraham save him who befooleth himself ? Verily We chose him in the world, and lo! in the Hereafter he is among the righteous.

3. 135 And they say: Be Jews or Christians, then ye will be rightly guided. Say (unto them, O Muhammad): Nay, but (we follow) the religion of Abraham, the upright, and he was not of the idolaters.
4. 138 (We take our) colour from Allah, and who is better than Allah at colouring. We are His worshippers.

[Islam is the Baptism of God, and who is better to baptise than God? And Him do we serve.
(Rodwell)]

5. 193 And fight them until persecution is no more, and religion is for Allah. But if they desist, then let there be no hostility except against wrong-doers.
6. 256 There is no compulsion in religion. The right direction is henceforth distinct from error. And he who rejecteth false deities and believeth in Allah hath grasped a firm handhold which will never break. Allah is Hearer, Knower.

Surah 3

7. 19 Lo! religion with Allah (is) the Surrender (to His Will and Guidance). Those who (formerly) received the Scripture differed only after knowledge came unto them, through transgression among themselves. Whoso disbelieveth the revelations of Allah (will find that) lo! Allah is swift at reckoning.
8. 24 That is because they say: The Fire will not touch us save for a certain number of days. That which they used to invent hath deceived them regarding their religion.
9. 73 And believe not save in one who followeth your religion - Say (O Muhammad): Lo! the guidance is Allah's Guidance - that anyone is given the like of that which was given unto you or that they may argue with you in the presence of their Lord. Say (O Muhammad): Lo! the bounty is in Allah's hand. He bestoweth it on whom He will. Allah is All-Embracing, All-Knowing.
10. 83 Seek they other than the religion of Allah, when unto Him submitteth whosoever is in the heavens and the earth, willingly or unwillingly, and unto Him they will be returned.
11. 85 And whoso seeketh as religion other than the Surrender (to Allah) it will not be accepted from him, and he will be a loser in the Hereafter.
12. 95 Say: Allah speaketh truth. So follow the religion of Abraham, the upright. He was not of the idolaters.

Surah 4

13. 125 Who is better in religion than he who surrendereth his purpose to Allah while doing good (to men) and followeth the tradition of Abraham, the upright ? Allah (Himself) chose Abraham for friend.
14. 171 O People of the Scripture! Do not exaggerate in your religion nor utter aught concerning Allah save the truth. The Messiah, Jesus the son of Mary, was only a messenger of Allah, and His word which He conveyed unto

Mary, and a spirit from Him. So believe in Allah and His messengers, and say not "Three" - Cease! (it is) better for you! - Allah is only One God. Far is it removed from His Transcendent Majesty that He should have a son. His is all that is in the heavens and all that is in the earth. And Allah is sufficient as Defender.

Surah 5

15.3 Forbidden unto you (for food) are carrion and blood and swine flesh, and that which hath been dedicated unto any other than Allah, and the strangled, and the dead through beating, and the dead through falling from a height, and that which hath been killed by (the goring of) horns, and the devoured of wild beasts, saving that which ye make lawful (by the death-stroke), and that which hath been immolated unto idols. And (forbidden is it) that ye swear by the divining arrows. This is an abomination. This day are those who disbelieve in despair of (ever harming) your religion; so fear them not, fear Me! This day have I perfected your religion for you and completed My favour unto you, and have chosen for you as religion al-Islam. Whoso is forced by hunger, not by will, to sin: (for him) lo! Allah is Forgiving, Merciful.

16.54 O ye who believe! Whoso of you becometh a renegade from his religion, (know that in his stead) Allah will bring a people whom He loveth and who love Him, humble toward believers, stern toward disbelievers, striving in the way of Allah, and fearing not the blame of any blamer. Such is the grace of Allah which He giveth unto whom He will. Allah is All-Embracing, All-Knowing.

17.57 O Ye who believe! Choose not for guardians such of those who received the Scripture before you, and of the disbelievers, as make a jest and sport of your religion. But keep your duty to Allah if ye are true believers.

18.77 Say: O People of the Scripture! Stress not in your religion other than the truth, and follow not the vain desires of folk who erred of old and led many astray, and erred from a plain road.

Surah 6

19.70 And forsake those who take their religion for a pastime and a jest, and whom the life of the world beguileth. Remind (mankind) hereby lest a soul be destroyed by what it earneth. It hath beside Allah no protecting ally nor intercessor, and though it offer every compensation it will not be accepted from it. Those are they who perish by their own deserts. For them is drink of boiling water and a painful doom, because they disbelieved.

20.137 Thus have their (so-called) partners (of Allah) made the killing of their children to seem fair unto many of the idolaters, that they may ruin them and make their faith obscure for them. Had Allah willed (it otherwise), they had not done so. So leave them alone with their devices.

[Thus have the companion-gods induced many of these, who join them with God, to slay their children, that they might ruin them, and throw the cloak of confusion over their religion. But if God had pleased, they had not done this. Therefore, leave them and their devices. (Rodwell )]

21. 159 Lo! As for those who sunder their religion and become schismatics, no concern at all hast thou with them. Their case will go to Allah, Who then will tell them what they used to do
22. 161 Say: Lo! As for me, my Lord hath guided me unto a straight path, a right religion, the community of Abraham, the upright, who was no idolater.

Surah 7

23. 51 Who took their religion for a sport and pastime, and whom the life of the world beguiled. So this day We have forgotten them even as they forgot the meeting of this their Day and as they used to deny Our tokens.
24. 88 The chieftains of his people, who were scornful, said: Surely we will drive thee out, O Shu'eyb, and those who believe with thee, from our township, unless ye return to our religion. He said: Even though we hate it ?
25. 89 We should have invented a lie against Allah if we returned to your religion after Allah hath rescued us from it. It is not for us to return to it unless Allah our Lord should (so) will. Our Lord comprehendeth all things in knowledge. In Allah do we put our trust. Our Lord! Decide with truth between us and our folk, for Thou art the best of those who make decision.

Surah 8

26. 39 And fight them until persecution is no more, and religion is all for Allah. But if they cease, then lo! Allah is Seer of what they do.
27. 49 When the hypocrites and those in whose hearts is a disease said: Their religion hath deluded these. Whoso putteth his trust in Allah (will find that) lo! Allah is Mighty, Wise.
28. 72 Lo! those who believed and left their homes and strove with their wealth and their lives for the cause of Allah, and those who took them in and helped them: these are protecting friends one of another. And those who believed but did not leave their homes, ye have no duty to protect them till they leave their homes; but if they seek help from you in the matter of religion then it is your duty to help (them) except against a folk between whom and you there is a treaty. Allah is Seer of what ye do.

Surah 9

29. 33 He it is Who hath sent His messenger with the guidance and the Religion of Truth, that He may cause it to prevail over all religion, however much the idolaters may be averse.
30. 36 Lo! the number of the months with Allah is twelve months by Allah's ordinance in the day that He created the heavens and the earth. Four of them are sacred: that is the right religion. So wrong not yourselves in them. And wage war on all of the idolaters as they are waging war on all of you. And know that Allah is with those who keep their duty (unto Him).
31. 122 And the believers should not all go out to fight. Of every troop of them, a party only should go forth, that they (who are left behind) may

gain sound knowledge in religion, and that they may warn their folk when they return to them, so that they may beware.

Surah 10

32.104 Say (O Muhammad): O mankind! If ye are in doubt of my religion, then (know that) I worship not those whom ye worship instead of Allah, but I worship Allah Who causeth you to die, and I have been commanded to be of the believers.

33.105 And, (O Muhammad) set thy purpose resolutely for religion, as a man by nature upright, and be not of those who ascribe partners (to Allah).

Surah 12

34.40 Those whom ye worship beside Him are but names which ye have named, ye and your fathers. Allah hath revealed no sanction for them. The decision rests with Allah only, Who hath commanded you that ye worship none save Him. This is the right religion, but most men know not.

Surah 14

35.13 And those who disbelieved said unto their messengers: Verily we will drive you out from our land, unless ye return to our religion. Then their Lord inspired them, (saying): Verily we shall destroy the wrong-doers,

Surah 16

36.52 Unto Him belongeth whatsoever is in the heavens and the earth, and religion is His for ever. Will ye then fear any other than Allah ?

Surah 18

37.20 For they, if they should come to know of you, will stone you or turn you back to their religion; then ye will never prosper.

Surah 22

38.78 And strive for Allah with the endeavour which is His right. He hath chosen you and hath not laid upon you in religion any hardship; the faith of your father Abraham (is yours). He hath named you Muslims of old time and in this (Scripture), that the messenger may be a witness against you, and that ye may be witnesses against mankind. So establish worship, pay the poor-due, and hold fast to Allah. He is your Protecting friend. A blessed Patron and a blessed Helpe

Surah 24

39.55 Allah hath promised such of you as believe and do good work that He will surely make them to succeed (the present rulers) in the earth even as He caused those who were before them to succeed (others); and that He will surely establish for them their religion which He hath approved for them, and will give them in exchange safety after their fear. They serve Me. They ascribe no thing as partner unto Me. Those who disbelieve henceforth, they are the miscreants.

Surah 27

40.31 Exalt not yourselves against me, but come unto me as those who surrender.

41.( Be ye not arrogant against me, but come to me in submission (to the true Religion). )

Surah 30

42. 30 So set thy purpose (O Muhammad) for religion as a man by nature upright - the nature (framed) of Allah, in which He hath created man. There is no altering (the laws of) Allah's creation. That is the right religion, but most men know not -
43. 31 Turning unto Him (only); and be careful of your duty unto Him and establish worship, and be not of those who ascribe partners (unto Him);
44. 32 Of those who split up their religion and became schismatics, each sect exulting in its tenets.
45. 43 So set thy purpose resolutely for the right religion, before the inevitable day cometh from Allah. On that day mankind will be sundered-

Surah 38

46. 7 We have not heard of this in later religion. This is naught but an invention.

Surah 40

47. 26 And Pharaoh said: Suffer me to kill Moses, and let him cry unto his Lord. Lo! I fear that he will alter your religion or that he will cause confusion in the land.

Surah 42

48. 13 He hath ordained for you that religion which He commended unto Noah, and that which We inspire in thee (Muhammad), and that which We commended unto Abraham and Moses and Jesus, saying: Establish the religion, and be not divided therein. Dreadful for the idolaters is that unto which thou callest them. Allah chooseth for Himself whom He will, and guideth unto Himself him who turneth (toward Him).
49. 21 Or have they partners (of Allah) who have made lawful for them in religion that which Allah allowed not ? And but for a decisive word (gone forth already), it would have been judged between them. Lo! for wrong-doers is a painful doom.

Surah 43

50. 22 Nay, for they say only: Lo! we found our fathers following a religion, and we are guided by their footprints.
51. 23 And even so We sent not a warner before thee (Muhammad) into any township but its luxurious ones said: Lo! we found our fathers following a religion, and we are following their footprints

Surah 45

52. 17. And We granted them Clear Signs in affairs (of Religion): it was only after knowledge had been granted to them that they fell into schisms, through insolent envy among themselves. Verily thy Lord will judge between them on the Day of Judgment as to those matters in which they set up differences.
53. 18. Then We put thee on the (right) Way of Religion: so follow thou that (Way), and follow not the desires of those who know not.

Surah 48

54.28 He it is Who hath sent His messenger with the guidance and the religion of truth, that He may cause it to prevail over all religion. And Allah sufficeth as a Witness.

Surah 49

55.16 Say (unto them, O Muhammad): Would ye teach Allah your religion, when Allah knoweth all that is in the heavens and all that is in the earth, and Allah is Aware of all things ?

Surah 61

56.9 He it is Who hath sent His messenger with the guidance and the religion of truth, that He may make it conqueror of all religion however much idolaters may be averse.

Surah 98

57.5 And they are ordered naught else than to serve Allah, keeping religion pure for Him, as men by nature upright, and to establish worship and to pay the poor-due. That is true religion.

Surah 110

58.1 When Allah's succour and the triumph cometh

59.2 And thou seest mankind entering the religion of Allah in troops,

60.3 Then hymn the praises of thy Lord, and seek forgiveness of Him. Lo! He is ever ready to show mercy.

61.

**Analysis**

Therefore per these 60 quranic verses, the religion of al-Islam is obeying the messenger who instructs on food and sex. And paying the poor-due. Sounds like a social club.

Compare the above quranic verses with the biblical scriptures below:

Colossians 2

For I desire to have you know how greatly I struggle for you, and for those at Laodicea, and for as many as have not seen my face in the flesh; 2 that their hearts may be comforted, they being knit together in love, and gaining all riches of the full assurance of understanding, that they may know the mystery of God, both of the Father and of Christ, 3 in whom all the treasures of wisdom and knowledge are hidden. 4 Now I say this that no one may delude you with persuasiveness of speech. 5 For though I am absent in the flesh, yet I am with you in the spirit, rejoicing and seeing your order, and the steadfastness of your faith in Christ.

6 As therefore you received Christ Jesus, the Lord, walk in him, 7 rooted and built up in him, and established in the faith, even as you were taught, abounding in it in thanksgiving.

8 Be careful that you don’t let anyone rob you through his philosophy and vain deceit, after the tradition of men, after the elements of the world, and not after Christ. 9 For in him all the fullness of the Deity dwells bodily, 10 and in him you

are made full, who is the head of all principality and power. 11 In him you were also circumcised with a circumcision not made with hands, in the putting off of the body of the sins of the flesh, in the circumcision of Christ, 12 having been buried with him in baptism, in which you were also raised with him through faith in the working of God, who raised him from the dead. 13 You were dead through your trespasses and the uncircumcision of your flesh. He made you alive together with him, having forgiven us all our trespasses, 14 wiping out the handwriting in ordinances which was against us. He has taken it out of the way, nailing it to the cross. 15 Having stripped the principalities and the powers, he made a show of them openly, triumphing over them in it.
16 Let no one therefore judge you in eating, or in drinking, or with respect to a feast day or a new moon or a Sabbath day, 17 which are a shadow of the things to come; but the body is Christ's. 18 Let no one rob you of your prize by self-abasement and worshipping of the angels, dwelling in the things which he has not seen, vainly puffed up by his fleshly mind, 19 and not holding firmly to the Head, from whom all the body, being supplied and knit together through the joints and ligaments, grows with God's growth.
20 If you died with Christ from the elements of the world, why, as though living in the world, do you subject yourselves to ordinances, 21 "Don't handle, nor taste, nor touch" 22 (all of which perish with use), according to the precepts and doctrines of men? 23 These things indeed appear like wisdom in self-imposed worship, humility, and severity to the body; but aren't of any value against the indulgence of the flesh.

James 1
26 If anyone among you thinks himself to be religious while he doesn't bridle his tongue, but deceives his heart, this man's religion is worthless. 27 Pure religion and undefiled before our God and Father is this: to visit the fatherless and widows in their affliction, and to keep oneself unstained by the world.

**Conclusion**
Obviously al-islam is an empty futile deceit, not a religion.